



HELP *for* HEROES

Support For Our Wounded

20th January 2011

Dear Nina Dickson,
H4H Ref: 20100903-7311-8646. Give life, live life.

Thank you so much for your donation of **£7,500.00** to Help for Heroes. We appreciate every penny that comes in and we will ensure that it is put to use providing support for the men and women who are injured in the service of our country.

When Emma and I decided to 'do our bit to help the blokes', wounded Servicemen and women, we had no idea that so many people felt the same as us. We are proud parents of a soldier and know what it is to have him away fighting; we also know what it is like to see his friends injured with their lives changed forever. We cannot prevent these terrible injuries but by joining together with others in support, we can do something positive and help them on the road to recovery.

Your donation will go towards the provision of services and facilities that will help the wounded launch back into the next phase of their lives. Already we have been able to fund the Headley Court Rehabilitation Complex, assist both Combat Stress and SSAFA in their excellent work and helped fund adaptive sports through the Battle Back programme. We have recently announced a £20m grant to help fund Personnel Recovery Centres in partnership with the Services and The Royal British Legion and we are now working to raise a further £20m to fund the Individual Recovery plans of those injured on duty.

Our work is by no means over, there is a great deal to do but your contribution will make a very great difference to the lives of some very special people. On behalf of all of us at H4H and all those who we will help, thank you.

With thanks

S Brown

Bryn and Emma Parry
Co Founders Help for Heroes
PP. Stacey Brown